

BY EMAIL

Mr Craig Mealey
Committee Services Office
Belfast City Council
Legal and Civic Services Department
City Hall
Belfast
BT1 5GS

Tel: 0300 555 0114

Website:
www.publichealth.hscni.net

MealeyC@belfastcity.gov.uk

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Our Ref: CEx-02-06

Dear Craig

MOTION ON PREMENSTRUAL DYSPHORIC DISORDER (PMDD) AWARENESS

Thank you for your correspondence regarding the motion passed by Belfast City Council on 26th May 2026 in relation to Premenstrual Dysphoric Disorder (PMDD).

The Public Health Agency (PHA) welcomes the Council's commitment to raising awareness of PMDD and recognises the significant impact this condition can have on the mental and physical health and wellbeing of those affected. We also acknowledge the importance of improving understanding, supporting timely diagnosis, and ensuring appropriate access to care.

The PHA remains committed to promoting population health and reducing health inequalities across Northern Ireland. Our work is guided by the priorities set out in our current Corporate Plan, which focuses our resources on a number of key public health areas where we can have the greatest impact at this time.

While we appreciate the importance of increasing awareness of PMDD, we regret that we are not in a position to undertake or resource a dedicated public awareness campaign on this issue at present, due to existing commitments and priority areas aligned with our Corporate Plan.

Notwithstanding this, we would be happy to explore opportunities to support awareness-raising through existing channels where feasible, and to continue engagement with partners, including the Department of Health and relevant stakeholders, to consider how best to support improved understanding of PMDD within current frameworks.

We note and welcome the Council's intention to work with the PMDD Project to support awareness and education initiatives locally.

Thank you again for bringing this important matter to our attention.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Aidan Dawson'.

Aidan Dawson, HMFPH
Chief Executive

